



valldalbaida.com



Social and cultural symbol for centuries, the Benicadell's mountain range is one of those mountains that remain forever etched in memory. Closely linked to the Vall d'Albaida, it constitutes the natural border between the provinces of Valencia and Alicante. With a vigorous and well-defined profile, it has a beautiful silhouette that is perfectly recognizable from afar and its steep slopes give it a high mountain atmosphere, both because of the isolation over the Vall, and because of the clouds that often remain immobile surrounding its summit. A forest track runs through the entire area, from Ràfol de Salem to Atzeneta. Our thematic proposal, as a variant to the general cycling route, is to offer an alternative along the highest slopes of Benicadell, taking advantage of this forest path suitable for mountain biking. The thematic route starts from the Ràfol de Salem at first by road to ascend in a more determined way to the forest house of *Les Planisses*, in Benitjar. From there the route continues westward without losing height and passing through *Font Freda*, whose viewpoint is worth a visit. We will see from the top the towns of Otos, Carrícola, Bèlgida and El Palomar through which the general crossing passes, and also the restored castle of Benicadell. The thematic route ends in Atzeneta d'Albaida to link back to the general route at the height of Albaida.

The Benicadell shady slope, declared a Protected Landscape by the Generalitat Valenciana in 2006, has, due to its orientation, greater rainfall and therefore more vegetation than the Solana.

THE BENICADELL'S SHADOW

Recomendaciones / Recomanacions/ Recommendations Puntos de información / Punts d'informació / Information points

Es obligatorio el uso de casco.
És obligatori l'ús de casc.
The use of helmet is obligatory.

Infórmate de los aspectos técnicos de la ruta que vas a realizar.
Informa't dels aspectes tècnics de la ruta que vas a realitzar.
Find out about the technical aspects of the route that you are going to realize.

Mira las condiciones climatológicas del día.
Mira les condicions climatològiques del dia.
It looks at the climatological conditions of the day.

Revisa el estado de tu bicicleta.
Revisa l'estat de la teua bicicleta.
It checks the condition of your bicycle.

Lleva agua, ropa de abrigo, kit de reparaciones y teléfono móvil.
Porta aigua, roba d'abric, kit de reparacions i telèfon mòbil.
Ride waters down, clothes of coat, kit of repairs and mobile phone.

Respetar la fauna. / Respetar la flora.
Respecta la fauna. / Respecta la flora.
Respect wildlife. / Respect plants.

Sigue la señalización marcada o el track descargado.
Segueix la senyalització marcada o el track descarregat.
It follows the marked signposting or the unloaded track.

Evita erosionar innecesariamente el terreno.
Evita erosionar innecessàriament el terreny.
He avoids to erode unnecessarily the area.

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46870 Ontinyent
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T 673 346 177
valldalbaida.com / mancovall.com
turisme@mancovall.com
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COMUNITAT VALENCIANA

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CANARIAS

EUZKADI

NAVARRA

ARAGON

CATALUNYA

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Roda La Vall d'Albaida



Señalización / Senyalització / Signalling

	Cima Cim Summit		Punto de informació Punt d'informació Information Point
	Estación Estació FFCC Station		Fuente Font Spring
	Parque Natural Parc Natural Natural Park		Cueva Cova Cave
	Árboles singulares Arbres singulars Heritage trees		Nevera o pozo de nieve Nevera o pou de neu Snow well
	Edificio histórico Edifici històric Historic building		Área recreativa Àrea recreativa Recreational area
	Ermita Ermita Chapel		Camping Càmping Camping
	Palacio Palau Palace		Albergue Alberg Hostel
	Castillo Castell Castle		Casa rural Casa rural Country house
	Museo Museu Museum		Hotel Hotel Hotel
	Arqueología hidráulica Arqueologia hidràulica Hydraulic archaeology		Plaza de toros Plaça de bous Bullring
	Molino Moli Mill		

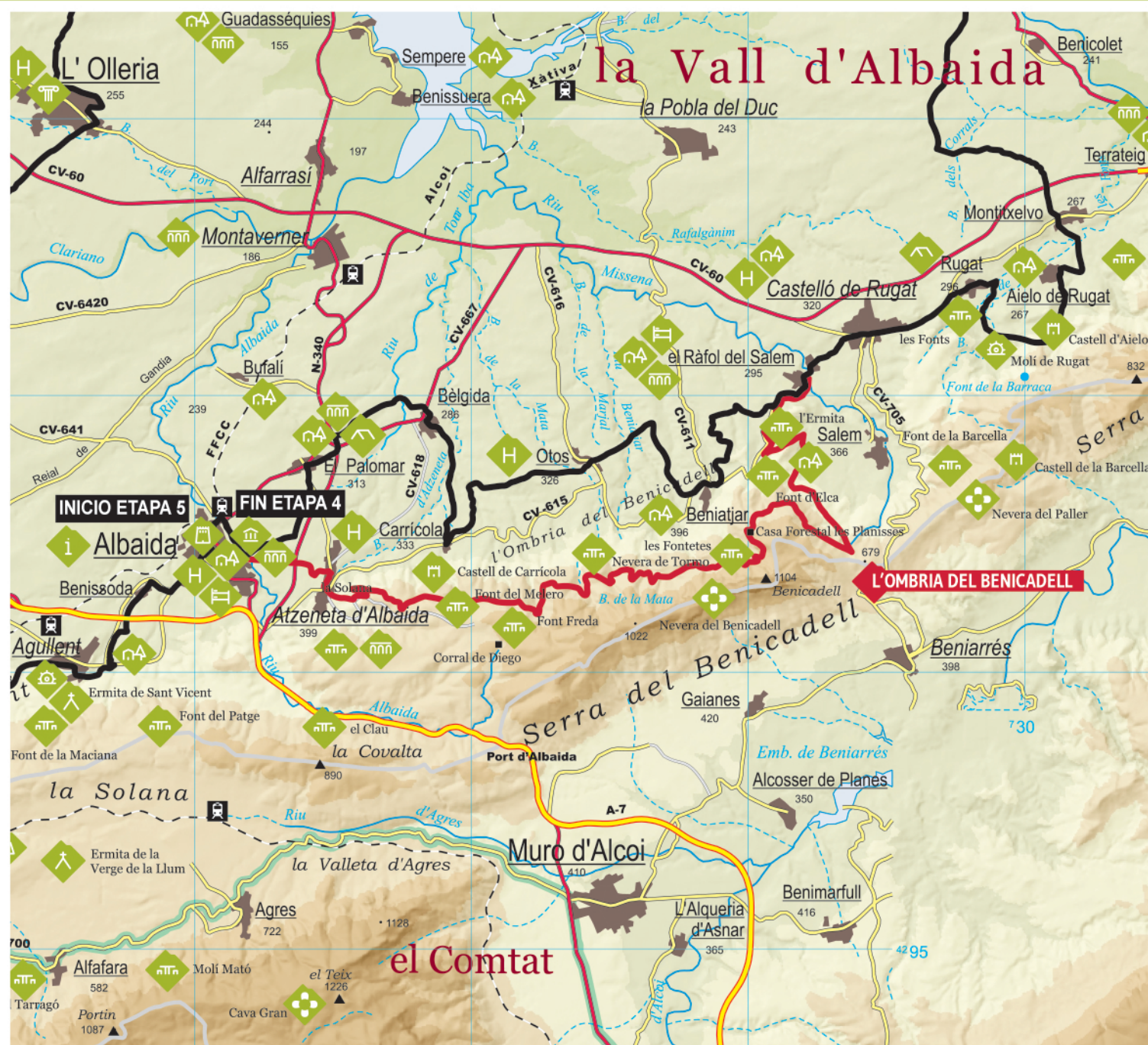
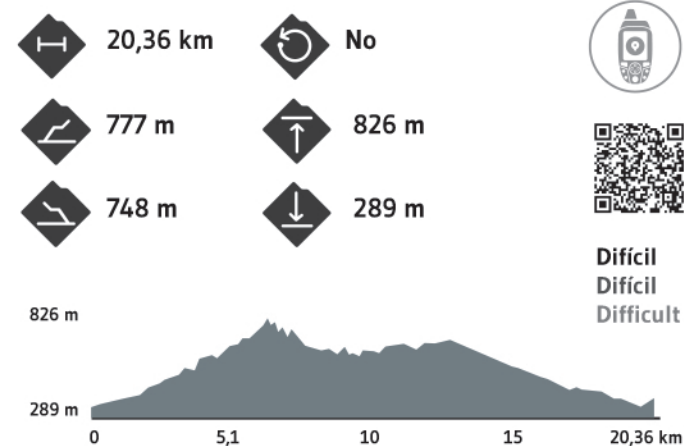
	Camino correcto Camí correcte Right way
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Simbología / Simbologia / Symbology	
	Autovía Autovia Motorway
	Carretera principal Carretera principal Main road
	Carretera secundaria Carretera secundària Secondary road
	Pista asfaltada Pista asfaltada Paved track
	Ferrocarril Ferrocarril Railway
	Barranco Barranc Ravine
	Río Riu River
	Núcleo urbano/edificio aislado Nucli urbà/edifici aïllat City centre/isolated building
	Límite comarcal Límit comarcal County border
	Espacio natural protegido Espai natural protegit Protected Natural space



The Benicadell's shadow
Point of connection with the General Crossing:
(El Ràfol de Salem) and final link Albaida.

In this variant, it is possible to make a different opinion from that proposed by the general cycling route. A more demanding and mountainous route, it connects the towns of El Ràfol de Salem with Albaida through the higher parts, and follows the forest track that, halfway up the hillside, runs through the entire of Benicadell's shadow. This option allows mountain bike tourists to enjoy a high-altitude landscape, a well-laid, aerial path that borders the slopes of the great mountain. This thematic route does not pass through any town until it reaches Atzeneta. However, it glimpses a vast landscape of white earth and cultivated fields framed by mountains.



Altimetría / Altimetria / Altimetry

0-200 m	200-400 m	400-500 m	500-700 m	700-900 m	900-1.400 m
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